



"THE FRIENDLIEST PEOPLE IN THE WORLD"



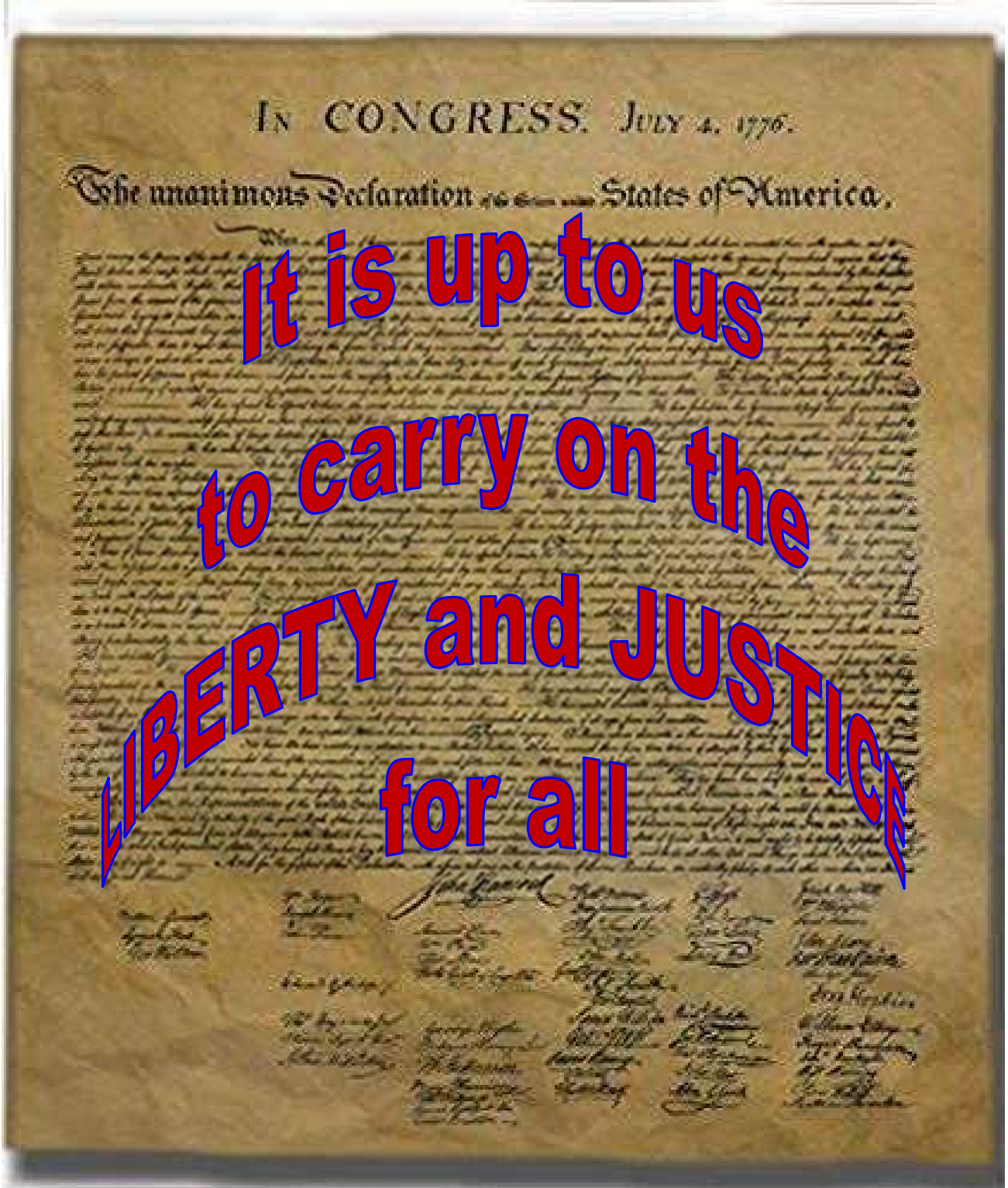
INDIANA STATE ASSOCIATION, INC. OF FAMILY CAMPERS AND RVers, Founded as National Campers & Hikers Association

# HOOSIER CHATTER

Ed Shaneyfelt  
President

July 2022  
Volume 55 Number 7

Mike & Marilyn Rausch  
Editors





### From the State Director

Angie Shaneyfelt

The June meeting/campout was very enjoyable. We got to see many of our Indiana family/friends that we haven't seen for months! I still hate that we couldn't attend the Spring campout. We did finalize the by-laws. I need to get them re-typed and then I will have Marilyn send out a mass email so everyone can have a copy if you so desire.

Well, Ed and I started packing the camper getting ready to head to Colorado soon. Downsizing to a pop-up (our daughter and sons-in-law's camper) to travel to help with the expenses of gas! It's tricky going from a 5<sup>th</sup> wheel to a pop-up camper, you must strategically place items in nocks and crannies to make it all fit. I have always liked the game of Tetris!

When we get back from Campvention, we will unload back to our 5<sup>th</sup> wheel and get ready to attend the Great Lakes Regional in Hillsdale, Michigan. I hope many of you are planning on attending. Look for the registration form in this month's Chatter and get it mailed in today!

Just 2 weekends after the regional will be our Summer Campout at Cornerstone. I am sure that Denise and Stacey will have lots of activities planned.

Then we will wrap up our Indiana camping season at Amishville the weekend of September 30-October 2. Make sure you have called Amishville and made your reservation. After you know your site number, send Deena Felver an email and let her know. We will need to know a good head count of attendees for our planned activities.

Remember to put on your calendar for next year

*See STATE DIRECTOR (Continued on page 4)*



### From the State President

Ed Shaneyfelt

We had a good turnout at the board meeting campout. It was nice to see some old families that we haven't seen in a while. The By-laws were approved and I am sure Angie will get them all typed up and ready to be sent out to everyone.

The slate of officers are set also to lead us for the next three years. They are as follows: Ed Shaneyfelt President, Brad and Stacy Davis Vice President, Scott and Val Semper Treasurer, Carl and Deena Felver Secretary, Ron and Pat Cohee Northern Rep, James Simmons Southern Rep, Rick and Christina Lucas Past President and Angie Shaneyfelt State Director.

We are packing a fold down to go to Nationals (borrowed from our kids) to save on gas. Packing is like a puzzle to get everything that we need for the week.

Then we get back and get ready to go to Hillsdale for Regionals. Hopefully we will see some of you there. We will have our own trailer for that one. Then the Summer campout at Cornerstone to have a good time planned by Stacey and Denise.

Don't forget to call Amishville for your reservation for the Fall Invitational. I hear the Trustees are planning a good time with some food. The theme is "Relaxation Weekend," Hospitality will be hot dogs and popcorn. Saturday pancakes for breakfast and supper will be provided. We will also give bags to everyone to go get caramel or kettle popcorn popped by the campground. Other activities are being planned.

Remember the inventory list and bids for next year, Until next time

*Ed Shaneyfelt*

## Hoosier Chatter Subscription

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**HOOSIER CHATTER**

Published 10 months per year (Dec/Jan. & Jul./Aug. combined) by the  
 Indiana State Association of Family Campers and RVers, Founded as National Campers and Hikers Assoc., Inc.  
 ANNUAL PRINT SUBSCRIPTION RATE: \$20.00 per 10 issues Available free on the FCRV.org website under "Newsletters"

Opinions expressed in the HOOSIER CHATTER are those of the AUTHORS,  
 and do not necessarily represent the opinion of FCRV or INDIANA STATE ASSOCIATION.

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**CHAPLAIN'S  
CORNER**

By Harlan Nigh

Hello Camp Family 🙏

Well I think the Spring Season just kinda skipped us. Lol. We were at the Johnson County Park Fireworks on June 24th, a great show as usual.

Christine Lucas and family were there and doing well. Melvin Coy joined us for the Fireworks and Edinburgh Tenderloin 😊. He informed us that Nancy is Slowly Improving.

I've prayed for our next adventure to be a good turnout good as relief at pumps is on the way 🙏.

Until we meet at the campfires 🙏

God Bless Y'all 🙏

*Harlan Nigh* ☩

STATE DIRECTOR (Continued from page 2)

that the Great Lakes are hosting Campvention at Wayne County Fairgrounds in Richmond, Indiana. It will be July 9-15

Until we camp together again...save up your gas



**Conservation**

Indiana State Association FCRV  
Conservation/Wildlife Director  
Misty Stuckswisch

As you read this we should be preparing to celebrate the 4<sup>th</sup> of July. Fire works, picnics, friends, & family! I have always identified the 4<sup>th</sup> as the official middle of summer. It seems so odd. The summer is flying by.

I hope everyone is trying to get out and camp, enjoying the great outdoors. If you have found a new campground that you just love, share it in the Chatter! I know there are lots of places out there we have not been to and a review from another FCRV member is more valuable than any online review!

Till we camp again,

*Misty*

**Time to schedule for the Fall Invitational**

Hi there,

This is just a reminder that the Indiana FCRV Trustees are hosting the last campout (Fall Invitational) at Amishville on Sept. 30-Oct 2nd.

You can call now to make your reservations. They are not officially open till April 1st, so when you call you might get their answering machine. Leave your number and they will call you back. Let them know you are with FCRV and you would like to reserve your site.

We are going to be around the circle (inner and outer) so we can use the shelter house. the site numbers are 401 thru 434. Some of the sites are already reserved, so don't forget to call and reserve a site.

Look on the back page of the CHATTER to get phone number and address.

*Deena Felver*

**ATTENTION**

**If you have reserved your site at Amishville, let Deena Felver know by email or text.**

Email address is [cdfelver@metalink.net](mailto:cdfelver@metalink.net)

Text is 419-203-6627.

Thanks again

*Deena Felver.*



# 20 Simple Tips That Help You Fall Asleep Quickly



**DASAT MOMENT**

*By Marilyn Rausch*

If you have trouble falling asleep, you are not alone. Here is a summary of a great article from "Healthline" (written by Arlene Semeco, MS, RD) with practical tips to get more and better Zzzzz's. ([Click here to view the entire article online.](#))

Good sleep is incredibly important. It helps you feel good and makes your body and brain function properly.

Some people have no problem falling asleep. However, many others have severe difficulty falling and staying asleep through the night.

Poor sleep can have negative effects on many parts of your body and brain, including learning, memory, mood, emotions, and various biological functions.

Here are 20 simple ways to fall asleep as fast as possible.

## 1. Lower the temperature.

If your room is too warm, you might have a hard time falling asleep. Setting your thermostat to a cool temperature between 60–67°F (15.6–19.4°C) could help. Taking a warm bath or shower could also help speed up the body's temperature changes. As your body cools down afterward, this can send a signal to your brain to go to sleep.

## 2. Use the 4-7-8 breathing method.

Dr. Andrew Weil developed is a simple but powerful breathing method that promotes calmness and relaxation. It might help you unwind before bed, but it can be practiced any time you feel anxious or stressed.

*Here are the steps:*

- place the tip of your tongue behind your upper front teeth.
- Exhale completely through your mouth and make a "whoosh" sound.
- Close your mouth, and inhale through your nose while mentally counting to 4.
- Hold your breath, and mentally count to 7.
- Open your mouth and exhale completely, making a "whoosh" sound and mentally counting to 8.

Repeat this cycle at least three more times.

## 3. Get on a schedule.

Many people find that setting a sleep schedule helps them fall asleep easier. Waking up and going to bed at the same times each day can help your internal clock keep a regular schedule. Once your body adjusts to this schedule, it'll be easier to fall asleep and wake up around the same time every day. The optimal sleep duration for adults is 7 to 9 hours of sleep each night. Give yourself 30–45 minutes to wind down in the evening before getting in bed. This

allows your body and mind to relax and prepare for sleep.

## 4. Experience both daylight and darkness.

Light can influence your body's internal clock, which regulates sleep and wakefulness. Irregular light exposure can lead to the disruption of circadian rhythms, making it harder to fall asleep and stay awake during the day. Exposing your body to bright light tells it to stay alert. Both natural daylight and artificial light, such as the kind emitted from an e-reader, have this effect on your alertness. At night, darkness promotes feelings of sleepiness. Research shows that darkness boosts the production of melatonin, an essential hormone for sleep.

Get out and expose your body to sunlight or artificial bright light throughout the day. If possible, use blackout curtains to make your room dark at night.

## 5. Practice yoga, meditation, and mindfulness.

When people are stressed, they tend to have difficulty falling asleep. Yoga, meditation, and mindfulness are tools to calm the mind and relax the body. Moreover, they've all been shown to improve sleep.

- \* *Yoga* encourages the practice of breathing patterns and body movements that release stress and tension accumulated in your body.
- \* *Meditation* can enhance melatonin levels and assist the brain in achieving a specific state where sleep is easily achieved.
- \* *Mindfulness* may help you maintain focus on the present, worry less while falling asleep, and even function better during the day.

Practicing one or all of these techniques can help you get a good night's rest and wake up reenergized.

## 6. Avoid looking at your clock.

It is normal to wake up in the middle of the night. However, the inability to fall back asleep can ruin a good night's rest. People who wake up in the middle of the night often tend to watch the clock and obsess about the fact that they can't fall back asleep. Waking on a regular basis without falling back asleep may cause your body to develop a routine.

If possible, it's best to remove the clock from your room. If you need an alarm in the room, you can turn your clock and avoid watching it when you wake up in the middle of the night.

## 7. Avoid naps during the day.

Due to poor sleep at night, people with insomnia tend to be sleepy during the day, which often leads to daytime napping. While naps of short duration have been linked to improvements in alertness and well-being, there are mixed opinions about the

*See SLEEP (Continued on page 6)*

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effects of napping on nighttime sleep. Some studies have shown that regular naps that are long (at least 2 hours), and later in the day may lead to poor nighttime sleep quality and even sleep deprivation. A 1996 study found that older adults who napped frequently had lower quality nighttime sleep, more depressive symptoms, and more limited physical activity. They were also more likely to be overweight than those who rarely took a nap.

To find out if naps are affecting your sleep, try either eliminating naps altogether or limiting yourself to a short nap (30 minutes or less) early in the day.

### **8. Watch what and when you eat.**

It seems that the food you eat before bed may affect your sleep. For example, research has shown that high-carb meals may be detrimental to a good night's rest. Though a high-carb diet can get you to fall asleep faster, it won't be restful sleep.

High-fat meals could promote a deeper and more restful sleep. In fact, several studies agree that *a high-carb/low-fat diet significantly decreased the quality of sleep compared to a low-carb/high-fat diet*. If you still want to eat a high-carb meal for dinner, you should eat it at least 4 hours before bed so you have enough time to digest it.

### **9. Listen to relaxing music.**

Music can significantly improve quality of sleep. It can be used to improve chronic sleep disorders, such as insomnia.

Listening to Buddhist music (created from different Buddhist chants and used for meditation) may be another great tool for better sleep, reducing the amount of time it takes you to fall asleep. This parameter is known as *sleep onset*. If relaxing music isn't available, blocking all noise could also help you fall asleep faster and promote uninterrupted sleep.

### **10. Exercise during the day.**

Physical activity is often considered beneficial to healthy sleep. Exercise can increase the duration and quality of sleep by boosting the production of serotonin in the brain and decreasing levels of cortisol, the stress hormone. However, it's important to maintain a moderate-intensity exercise routine and not overdo it. Excessive training has been linked to poor sleep. To promote better quality sleep, working out early in the morning appears to be better than working out later in the day.

Get moving with activities like running, hiking, cycling, tennis.

### **11. Get comfortable.**

A comfortable mattress and bedding can have a remarkable effect on the depth and quality of sleep. A medium-firm mattress has been shown to positively affect sleep quality and prevent sleep disturbances and muscular discomfort. The quality of your pillow

is also crucial, affecting your neck curve, temperature, and comfort. The use of a weighted blanket could reduce body stress and help improve your sleep.

The fabric of the clothes you wear to bed can affect how well you sleep. It's crucial that you choose comfortable clothing made of fabric that helps you keep a pleasant temperature throughout the night.

### **12. Turn off all electronics.**

Using electronic devices late at night is terrible for sleep. Watching TV, playing video games, using a cell phone, and social networking can make it significantly harder for you to fall — and stay — asleep. This is partly because electronic devices emit blue light, which has been found to suppress melatonin, keeping your mind in an active and engaged state.

If you need to use your devices late in the evening, at least consider blocking the blue light with blue light blocking glasses or a blue light screen filter.

### **13. Try aromatherapy.**

Popular scents with positive effects on sleep include lavender, damask rose, and peppermint. Oil blends made with ingredients like lemon and orange were also effective at improving sleep quality. Although there are a variety of ways to use essential oils, an essential oil diffuser could be helpful in infusing your room with relaxing scents that encourage sleep.

### **14. Practice writing before bed.**

Some people have difficulty falling asleep because their thoughts keep running in circles. Journaling and focusing on positive thoughts can calm the mind and help you sleep better. Writing down the positive events that happened during the day — or may happen in the future — can create a state of gratitude and happiness, downgrade stressful events, and promote more relaxation at bedtime.

Set aside 15 minutes every night to write about your day. One study found that writing a to-do list, if only for 5 minutes, was even more effective than journaling at helping young adults fall asleep faster.

### **15. Limit caffeine and drink a soothing beverage.**

Caffeine can be found in foods and beverages like chocolate, coffee, sodas, energy drinks. Although the effects of caffeine vary from person to person, it's recommended that you refrain from consuming it at least 6 hours before bedtime. You could drink a soothing tea like chamomile tea, which has been shown to promote sleep and relaxation. Other bedtime teas that may help sleep include passionflower and magnolia.

### **16. Adjust your sleep position.**

Good quality sleep may depend on your body po-

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SLEEP (Continued from page 6)

sition during the night. Traditionally, it was believed that back sleepers had a better quality of sleep. Research has shown that this might not be the best position to sleep in, as it could lead to blocked airways, sleep apnea, and snoring. The side position seems to be linked to high-quality sleep.

### 17. Read something.

Reading could be a good activity to help you wind down before bed. At least for kids, it seems that bedtime reading may promote longer sleep. Reading should preferably be from a traditional paper book, since electronics emit a blue light that may interrupt sleep.

### 18. Focus on trying to stay awake.

Try “paradoxical intention.” This technique involves *trying* to stay awake instead of forcing yourself to sleep. It’s based on the idea that the stress and anxiety produced by forcing yourself to fall asleep can prevent you from relaxing and snoozing.

### 19. Visualize things that make you happy.

Instead of lying in bed worrying and thinking about stressful things, visualize a place that makes you feel happy and calm. This technique helps you to occupy your mind with good thoughts instead of engaging with worries and concerns during the pre-sleep time.

### 20. Try sleep-enhancing supplements.

If all else fails, some supplements can help you fall asleep. ***It is important, especially if you are on any other medications, to check with your physician before starting any supplements.*** Sleep-enhancing supplements include the following:

- \* **Magnesium.** Helps activate the neurotransmitters responsible for sleep. Doses of up to 500 milligrams (mg) per day have been shown to improve sleep. It should be taken with food
- \* **5-HTP (5-hydroxytryptophan).** Boosts the production of serotonin, which has been linked to the regulation of sleep. Doses up to 600 mg per day, taken either once daily or in divided doses, seem to be effective in treating insomnia .
- \* **Melatonin.** The body naturally produces the hormone melatonin, but it can also be taken as a supplement to help regulate your sleep. Doses of 0.5–5 mg taken 2 hours before your desired bedtime, which is usually around 8 to 9 p.m. for most individuals, might improve sleep quality
- \* **L-theanine.** An amino acid with sedative properties. Although it hasn’t been shown to induce sleep, it could help with relaxation. Doses of 400 mg per day seem to be useful
- \* **GABA (gamma-aminobutyric acid).** A Compound produced in the brain, it inhibits certain transmitters and may help the central nervous system relax. Doses of 250–500 mg and no more than 1,000 mg are recommended .

### The bottom line

Having trouble falling and staying asleep is not only frustrating, but it can also affect your mental and physical health.

### *Summary of the above suggestions:*

1. Lower the ambient temperature in your sleeping area.
2. Reduce anxiety and stress using the 4-7-8 Breathing exercise.
3. Adhere to a sleep schedule.
4. Separate times of daylight (including artificial light from devices) and darkness.
5. Use techniques of yoga, meditation or mindfulness.
6. Avoid looking at your clock.
7. Avoid long or late daytime naps.
8. Watch what and when you eat.
9. Listen to relaxing music.
10. Do moderated exercise during the day.
11. Make your sleeping environment comfortable.
12. Turn off all electronics.
13. Try aromatherapy.
14. Use writing as a way of closing off the day.
15. Limit caffeine and substitute soothing drinks (Chamomile or Passionflower/Magnolia tea)
16. Adjust your sleep position to side position.
17. Read something (traditional paper book).
18. Focus on trying to stay awake (paradoxical intention).
19. Visualize places and events that make you happy.
20. As a last resort and with the approval of your physician, try sleep-enhancing supplements.

Although personal differences do occur, and no one practice will work for everyone and in every circumstance, using the techniques above may help you fall asleep quickly. Sleeping better can help you to have more energy the next day and generally improve your health and well being.



INDIANA STATE ASSOCIATION  
FCRV/NCHA  
MEMBERSHIP MEETING  
BOARD MEETING CAMP OUT  
JUNE 5<sup>TH</sup>, 2022  
JOHNSON COUNTY PARK, NINEVEH, INDIANA

**CALL TO ORDER:**

The meeting was called to order by President Ed Shaneyfelt at 11:02 a.m. A quorum was present.

**INTRODUCTIONS:**

All members present introduced themselves.

**MINUTES:**

A motion to approve the minutes from the previous meeting was made by 161 and seconded by 30. Motion carried.

**TREASURER'S REPORT:**

Valerie and Scott Semper distributed the Treasurer's reports. A motion to accept the treasurer's report was made by 196 and seconded by 108. Motion carried.

**STATE DIRECTOR REPORT:**

Angie Shaneyfelt asked who all was going to Colorado this year, after no show of hands, it seems like just she and Ed are going from Indiana.

The Great Lakes Regional is going to be held in Hillsdale Michigan and will be August 3-7, 2022. Indiana and Kentucky are hosting hospitality on Friday. Hopefully all Indiana members attending will represent Indiana well and help with hospitality.

August 19-21, 2022 is the Fall campout hosted by Denise Weiss and Stacy Davis at Cornerstone Campground in New Castle. If attending, you need to get a site as they are getting booked up fast. There are some cabins at this camp ground also.

September 30, Oct 1<sup>st</sup> and 2<sup>nd</sup>, 2022, is the Fall Invitational hosted by the trustees at Amishville camp ground in Geneva, Indiana. The retirees will be there Sept 28 and 29, 2022.

Next year the National Campvention will be at Richmond Indiana, hosted by our region. Dates are July 8<sup>th</sup> thru July 15<sup>th</sup> 2023. If anyone is interested in helping at Richmond, please let Ed and Angie know and they will find a job for you.

**CAMPVENTION DIRECTOR:**

Ed let us know that they are looking to go to the NE

area for 2024.

**OLD BUSINESS:**

The Constitution/Campout Guidelines were re-read for the last time. A motion to accept this was made by 200 and seconded by 108. Motion carried. The revised Constitution/Campout Guidelines will go into effect as of this time.

It was reported that the Spring camp out was a success and fun was had by all.

**COMMITTEE REPORTS:**

**ADULT GAMES:** no one to report

**BUDGET and AUDIT:** Mike Rausch and Melvin Coy will do the annual audit at Cornerstone Campground during the Summer Campout in August.

**C.A.M.P.:** We had 8 people that walked and got to watch and talk to some people from the horse show that was there at the same time we were.

**CHAPLAIN:** no report

**HISTORIAN:** no report

**PHOTOGRAPHER:** Would like to have some pics from Spring campout. We will add these to the Google file on the FCRV website.

**SCHOLARSHIP:** Nothing at this time

**SECURITY:** Bo Gries (108) reported no issues.

**TABS/CAPS/RILEY:** Patti Thieme reported. Thanks for all the caps and tabs. We still need to save them for more benches. Patti found out that she can take homemade donated items to Lutheran Hospital in Fort Wayne. She will still be taking items and tabs to Riley.

**CHATTER EDITOR:** Marilyn said that she is getting older and would like someone else to help out on doing the Chatter. Christina Lucas said she would be willing to learn and take over when Marilyn can no longer do it. Marilyn also said if



you're not getting the Chatter via e-mail, please get your e-mail address to her.

NOMINATING CHAIR: Mark Shaneyfelt said that we had a full slate, and they are as follows:

**President: Ed Shaneyfelt**  
**Vice Pres.: Brad/Stacy Davis**  
**Secretary: Deena/Carl Felver**  
**Treasurer: Scott/Val Semper**  
**Northern Rep: Ron/Pat Cohee**  
**Southern Rep: James Simmons**

CONSERVAION/WILDLIFE: Angie and Ed will take any posters received to Campvention.

RETIREE: The rally is Sept 28 and 29<sup>th</sup> 2022 at Amishville.

#### NEW BUSINESS:

Ed wants everyone to think about the dates and locations for the camp outs for next year.

Don't forget the camping dates of August 19-21, 2022, at Cornerstone Campground and September 30 thru October 2, 2022, at Amishville.

Ron Cohee is working on the Indiana FCRV Facebook page so members will be able to post to our site.

There were no donations.

There was a motion by 200 to adjourn and 2<sup>nd</sup> by Southern Rep at 11:30a.m. Motion carried.

Submitted by  
 Carl & Deena Felver



## Recipes worth Sharing!

### SUGAR-FREE FLUFF

1 regular sugar free container cool- whip  
 1 small package instant sugar free cheese cake flavor  
 Jello pudding mix  
 Fresh fruit  
 Handful of mini marshmallows  
 2 to 4 T milk

Mix cool whip, pudding mix, and milk together. The thinner you would like it, add more milk. Stir, stir, stir! It takes a bit to blend in the dry pudding. Chop fresh fruit and add before serving folding in with a handful of marshmallows. I enjoy this with strawberries but fresh peaches or blueberries would be good too. Chill & enjoy!

Submitted by Misty Stuckswisch

### PIZZA DOGS

1 cup flour  
 1 cup plain Greek Yogurt  
 1 tsp baking powder  
 1/2 tsp salt  
 1/4 tsp baking soda  
 4 hot dogs (we use turkey hot dogs)  
 Warm marinara sauce  
 Shredded Mozzarella cheese

1. Preheat oven or air fryer to 400 degrees F. Oil a cookie sheet (or tray of air fryer).
2. Mix and knead all ingredients except the hot dogs.
3. Knead dough on floured board until no longer sticky.
4. Roll out dough into 1/4" thick rectangle. Cut into 4 pieces.
5. Wrap the dough around the hot dogs, sealing the seam.
6. Place in preheated oven for 10 minutes. Turn over and bake for another 5 minutes (watch closely that it doesn't burn.)
7. Spoon warm marinara sauce over hot dog and sprinkle with cheese.
8. Enjoy!

Submitted by Marilyn Rausch

# Chapter Campouts

We invite any chapters who have planned their upcoming campouts and would like to invite others to join them to list them here in the CHATTER. Likewise, if you are looking to camp with friends (or people who will become friends), check out these listings!

We also welcome any reports and/or photos from your campouts. What a better way to advertise the heart of Indiana's Family Campers and RVers???

Contact the Editor at [hoosierchatter@hotmail.com](mailto:hoosierchatter@hotmail.com).

## 2022 Coffee Pot Campers Camp Meet Schedule

July 10-15	Pueblo, CO	Campvention
July 22-24	Ceraland Campground 3989 S 525 E Columbus, IN 812-377-5849	
August 3-7	Hillsdale, MI	Great Lakes Regional Campout
August 19-21	Cornerstone Campground 75 W. County Road 500 S New Castle, IN	State Summer Campout
September 16-19	White River Campground 11299 E. 234th St Cicero 46034 317-770-4430	Reserve Jan. 3
Sept. 28-29	Amishville Campground 844 E 900 S Geneva, IN 260-589-3536	Retiree Campout
Sept. 30-Oct 2	Amishville Campground	Fall Invitational

All information subject to change

Indiana State Parks and SRA reservations. 866-622-6746  
For more information contact Melvin Coy



## 2022 Happy Glampers Camp Meet Schedule

July 9-16	Mackinaw Michigan Tour	
Aug 19-21	Cornerstone Campground	State Summer Campout
Sept 16-18	Cornerstone Campground	
Oct 21-23	Friends O Mine Campground	

All information subject to change

Indiana State Parks and SRA reservations. 866-622-6746

For more information contact  
John Stock ([all12stock@aol.com](mailto:all12stock@aol.com))



## 2022 Fireflies Camp Meet Schedule

July 10-16	Pueblo Colorado	Campvention
August 3-7	Hillsdale, MI	Regionals
Aug 19-21	Cornerstone Campground	State Summer Campout
Sept 16-18	White River Campground	
Oct 21-23	Anderson KOA	

All information subject to change

For more information contact  
Ron Cohee ([roncohee@hotmail.com](mailto:roncohee@hotmail.com))

These shirts will be the “worker shirts” at the **2023 Campvention**, hosted by OUR REGION in Richmond, Indiana. The Shirts will also be our REGION SHIRTS to be worn for various Region functions. There will be opportunities to order these in the future, but anyone who would want them before Campvention 2022 should place your orders by May 1, 2022.

# Great Lakes Region Shirts Campvention 2023 Shirts



*Sport-Tek™ PosiCharge™ Tri-Blend Wicking Polo 75/13/12 poly/cotton/rayon jersey with PosiCharge technology. Ultra comfortable polo combines moisture-wicking performance, unbeatable tri-blend softness and PosiCharge technology to lock in color.*

Price: XS-XL \$20.50  
2XL \$21.50  
3XL \$23.50  
4XL \$24.50



*8000 T-shirt. 50% Cotton/50% Poly*

Price: S-XL \$13.50  
2XL \$15.00  
3XL-5XL \$16.50

Prices INCLUDE applicable taxes.

STYLE	SIZE (circle)	UNIT PRICE	#	SUB TOTAL
POLO	XS S M L XL	\$20.50		
POLO	2XL	\$21.50		
POLO	3XL	\$23.50		
POLO	4XL	\$24.50		
T-SHIRT	S M L XL	\$13.50		
T-SHIRT	2X.	\$15.00		
T-SHIRT	3XL 4XL 5XL	\$16.50		
<b>TOTAL PURCHASE</b>				

NAME: (please print)

ADDRESS:

EMAIL:

PHONE:

Bulk shipment  Prefer direct shipment (Additional Charge)

**Payment will be made directly to the vendor, who will send individual invoices.**

Bulk shipments to one location will be covered by Campvention.  
Individual shipping adds \$2.50 per address

**Send order form to  
Connie Black  
13250 Cornthwaite Rd.  
Moweaqua, IL 62550**

In addition to the Official Great Lakes Region Shirts that will be our “uniform” for the 2023 Campvention in Richmond, Indiana, the Campvention team is also providing the opportunity to get “Cardinal Red” shirts with the official Campvention 2023 Logo. There will be multiple opportunities in the future to purchase these shirts, but the first order is due on May 1, 2022 if you want them before the 2022 Campvention.

# Campvention 2023 Logo Shirt



*Sport-Tek™ PosiCharge™ Tri-Blend Wicking Polo 75/13/12 poly/cotton/rayon jersey with PosiCharge technology. Ultra comfortable polo combines moisture-wicking performance, unbeatable tri-blend softness and PosiCharge technology to lock in color.*

Price: XS-XL \$18.50  
2XL \$19.50  
3XL \$21.50  
4XL \$23.50



*8000 T-shirt. 50% Cotton/50% Poly*

Price: S-XL \$11.50  
2XL \$13.50  
3XL-5XL \$14.50

Prices INCLUDE applicable taxes.

STYLE	SIZE (circle)	UNIT PRICE	#	SUB TOTAL
POLO	XS S M L XL	\$18.50		
POLO	2XL	\$19.50		
POLO	3XL	\$21.50		
POLO	4XL	\$23.50		
T-SHIRT	S M L XL	\$11.50		
T-SHIRT	2X.	\$13.50		
T-SHIRT	3XL 4XL 5XL	\$14.50		
<b>TOTAL PURCHASE</b>				

NAME: (please print)

ADDRESS:

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**Send order form to  
Connie Black  
13250 Cornthwaite Rd.  
Moweaqua, IL 62550**

# Experience Pure Michigan



## Great Lakes Regional August 3-7, 2022

Hillsdale County Fairgrounds, 115 S Broad St, Hillsdale, MI 48242

[www.hillsdalecountyfair.org](http://www.hillsdalecountyfair.org)

Early arrivals welcome anytime. The fairground is an open campground.

Activities begin Thursday, August 4, 2022.

There are many things to see and do in Hillsdale County. Plan to arrive early and enjoy South-Central Michigan!

Make Checks payable to:  
MSA/FCRV

Send Registration to:  
John/Linda English  
Michigan State Directors  
P.O. Box 215  
Quincy, MI 49082

**Registration Deadline: July 21, 2022**

Questions: Call Linda at 248.797.5030 or Email: [mifcrv@mifcrv.org](mailto:mifcrv@mifcrv.org)  
You will be parked as you arrive.

Activity Fee \$20  
Camping Fee is \$20 per night  
  
Friday Gate Registration Activity Fee for  
unregistered campers \$25 (please preregister)  
  
\$20 x \_\_\_\_ (# of camping nights)  
\$20 activity fee  
Total Amount Enclosed: \$ \_\_\_\_

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### 2022 Great Lakes Regional, Hillsdale, MI

Please pre-register so we can contact you via email once we have off-site activities scheduled as a count may be required.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State/Prov.: \_\_\_\_\_ Zip: \_\_\_\_\_ Email Address: \_\_\_\_\_

FCRV Membership Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Type of Unit: \_\_\_\_\_ Length ft.: \_\_\_\_\_ No. of slide outs \_\_\_\_\_

\_\_\_\_ We are handicapped and MUST be parked in the handicapped area. We have a valid state handicapped certificate, license, or doctor's certificate. Handicapped registrations MUST be received by the registration deadline to be parked in the handicapped area.

# of Adults \_\_\_\_\_ # of Teens \_\_\_\_\_ # of Double Digits \_\_\_\_\_ # of Youth \_\_\_\_\_

Please include names and ages with registration form.

\_\_\_\_ Special needs—please explain (medical, physical, food, pets, not self-contained, etc.):

\_\_\_\_\_  
\_\_\_\_\_

Anticipated arrival date: \_\_\_\_\_

# MARK YOUR CALENDARS

## Indiana State Events

**2022 Summer Campout**  
Cornerstone Campground  
75 W. County Road 500 S  
New Castle, IN 47362  
(765) 987-8700

Hosted by  
the Davis and Weiss Families  
August 19-21, 2022

**2022 Indiana Retiree Rally**  
Amishville Campground  
844 E 900 S  
Geneva, Indiana  
(260) 589-3536  
September 28-29, 2022

**2022 Indiana Fall Invitational**  
Amishville Campground  
844 E 900 S  
Geneva, Indiana  
(260) 589-3536  
September 30-October 2, 2022

## International Events

**Campvention 2022**  
**"Rocky Mountain Bliss"**  
Pueblo, Colorado  
July 10-15, 2022  
(Early Bird July 8-9, 2022)

**Campvention 2023**  
**"A Rose by any other name  
Is FCRV"**  
Richmond, Indiana  
July 9-15, 2023  
(Early Bird July 7-8, 2023)



## Great Lakes Regional Events

**Regional Campout 2022**  
Hillsdale, Michigan  
August 3-7, 2022

## HOOSIER CHATTER Advertising Policy

The *Hoosier Chatter* accepts advertisements at the rate of \$5.00/column inch/issue for commercial advertisers and \$3.00/column inch/issue for personal advertisers. There are significant discounts available for multiple issue ads. These advertisements are open to any business or individual, but will be screened to assure they are appropriate to the goals and philosophy of the Family Campers and RVers.

**Inclusion of an ad in the *Hoosier Chatter* does not imply official endorsement by the FCRV, the Indiana State Association of the FCRV, or of the *Hoosier Chatter*.**

The deadline for ads and articles in the *Hoosier Chatter* is the 25th of the month preceding the issue month.

Further questions or information may be obtained by contacting the editor at

hoosierchatter@hotmail.com  
317-925-0150.

