



"THE FRIENDLIEST PEOPLE IN THE WORLD"



INDIANA STATE ASSOCIATION, INC. OF FAMILY CAMPERS AND RVers, Founded as National Campers & Hikers Association

HOOISIER CHATTER

Ed Shaneyfelt
President

February 2020
Volume 53 Number 1

Mike & Marilyn Rausch
Editors

Indiana FCRV gives!



On Sunday, December 8, 2019. I assembled the crew of Ed & Angie Shaneyfelt and Deena Felver to deliver the collected gifts from the Indiana FCRV group to Riley Children's Hospital in Indianapolis. We were met at the hospital by our FCRV International Teen Queen, Macey Stuckwisch, her mother Misty and Macey's friend Michael. Michael commented that he is familiar with Riley as he goes often for his eyes. Indiana FCRV has been donating items to the Riley Hospital for many years and they are always very appreciative of our donations.

A list of the items this year that were delivered were:

Legos, 15 Homemade blankets & 7 pillow cases (made by Sherri Nolan), 39 folders, 25 notebooks, 50 homemade baby hats (made by Macey, our queen), 5 backpacks, 6 tablet cases, 3 small coolers plus bottle, 2 large coolers plus bottle, 4 small coolers, 3 icepack coolers plus bottle, 5 pencil binders, 3 red/white chill bags. Also, 3 large bottles of bubbles, 6 bandanas, 4 large sand sets, 3 small sand sets, 3 balls, 8 hair accessories, 18 mini back

scratchers, 21 key rings, 5 necklaces, 5 hats, 33 stuffed animals, 4 fleece throws, 11 pair of gloves. 3 drinking cups, 2 bats & ball and 5 puzzles, 5 large beach balls.

We delivered 20 individual bags containing glue, pencil sharpener, toothpaste, toothbrush, ruler, crayons or markers, pen, scissors, eraser, notebook, pencils and coloring book.

Also small story books were donated: 6 Oliver Twist, 15 Thousand Mile Words, 15 Sports Superstars, 15 The Last, 15 Art & All, 11 The Case of the Dying Detective, 15 Biddy on the Past, 15 They Landed One Night, 11 From the Minds of Kids, 11 Don Quixote, 11 Breaking Down Barriers, 15 Blue King, 11 Working Together for Equality, 11 The Father of Television, 11 Pioneer of Independence and 11 Mysterious Bones.

When we were done with our delivery, there was a gentleman approach us that was on the second floor

See DONATION (Continued on page 4)



From the State Director

Cindy James

Hello Indiana,

January is flying by, which means we are that much closer to getting ready for camping!

Indiana FCRV set up a booth at the Indianapolis RV Show at the beginning of January. There will be a "Get aquatinted meeting" soon for those who signed up for more information on our camping organization.

Mark your calendars for any of the scheduled camping dates and make reservations for the ones you are able to attend. "Come Camp With Us!" See the list on the last page here in the Chatter... We will have more information about the Regional soon!

Be safe traveling and stay healthy!

Cindy James

SOME PRELIMINARY INFORMATION ABOUT 2020 CAMPVENTION

This campvention is being held in Brigden Ontario. Our Canadian members proposed that the fees for this campvention be in Canadian funds. This was approved by the Trustees and the rate set at \$325 CDN. Because currency changes daily the amount in US dollars isn't certain but should be between \$240 USD and \$260 USD. You have to go to your bank and let them know that you need Canadian funds in a money order. Not all banks do this, so you have to find out which ones do, and you make have to give them a couple of days to do this.

WATCH FOR MORE INFORMATION IN THE FUTURE!



From the State President

Ed Shaneyfelt

I hope Santa was very nice to everyone this year and that you all had a wonderful Holiday Season.

From what I could see on Facebook it looks and sounds like Chris and Denise did a wonderful job at the camper show. I had no doubt that they would be successful. As fellow campers to help them out when we see a new member we all need to make them feel wanted and glad to have them join the organization.

The by-law revision meeting was cancelled do to some scheduling conflicts. We will talk about this at the next trustee meeting on rescheduling it. Each trustee will be asking a member to attend the meeting also, so if you are approached from a trustee to "sit in" on the meeting don't feel obligated to say yes if you don't feel comfortable doing this.

I hear that there is planning going on for the spring campout on May 1,2,3 at Amishville Campground. Look elsewhere in the Chatter for more information on that upcoming Spring campout.

We have the date scheduled for the Summer Campout with no location at this time. I'm still waiting on a bid from an individual or a club to host it.

Also, don't forget about Nationals in Canada. With *(See PRESIDENT, Continued on page 5)*



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INDIANA STATE ASSOCIATION TRUSTEES AND PROGRAM CHAIRMEN

President: Ed Shaneyfelt, 1466 W 750 N, Decatur IN 46733-8816 (260-728-9848)
 Vice President: Paige Longberry 1418 West State Blvd., Fort Wayne, IN 46808 (260-223-7798)
 Treasurer: Scott and Valerie Semper, 10202 N 472 E, Demotte, IN 46310 phone 219-741-910
 Secretary: Carl and Deena Felver, 4336 State Route 81, Willshire, OH 45898, (419-203-6627)
 Northern Representative: Bradley and Stacy Davis, 7345 S. 325 W, Jamestown, IN 46147 (317-902-6338, Stacy; 317-902-6337, Brad)
 Southern Representative: James Simmons, 26 W. Poplar St, North Vernon, IN 47265 (812-592-4070)
 Past President: Richard and Christina Lucas, 3407 W. Smithland Freedom St., Shelbyville, IN 46176
 (Christina 317-372-4436; Richard 317-372-9458)
 Adult Games: (open)
 Budget & Audit: A. Mike Rausch, 2917 W. Rex Drive, Indianapolis, IN 46222-1941 (317-925-0150)
 B. Melvin Coy, 447 Hollybrook Dr., New Whiteland, IN 46184-1311 (317-313-4250 cell)
 C.A.M.P. Patti Thieme, 4625 E 700 N, Decatur, IN 46733 (260-724-9262)
 Chaplain: Harlan Nigh
 Historian: Stacy Davis, 7345 S. 325 W, Jamestown, IN 46147 (317-902-6338)
 Photographer: Marilyn Rausch, 2917 W. Rex Drive, Indianapolis, IN 46222-1941 (317-925-0150)
 Scholarship: Angie Shaneyfelt, 1466 W 750 N, Decatur IN 46733-8816 (260-728-9848)
 Security: Rainbow 108 Chapter: Attn: Bo and Doris Gries, 20189 N County Road 600 E, Dale, IN 47523-9269
 (812-937-0067)
 Tabs: Patti Thieme, 4625 E 700 N, Decatur, IN 46733 (260-724-9262)
 Chatter Editor: Mike and Marilyn Rausch, 2917 W. Rex Drive, Indianapolis IN 46222-1941 (317-925-0150)h (317-374-3956)cell

INDIANA STATE/NATIONAL PROGRAM DIRECTORS

Indiana State Director: Cindy James, 3395 N. US Hwy 33, Decatur, IN 46733 (260-233-0863)
Indiana Assistant State Director: Angie Shaneyfelt, 1466 W 750 N, Decatur IN 46733-8816 (260-728-9848)
Indiana Conservation/Wildlife Director: Misty Stuckwisch, 1050 W. CR 450 N, Brownstown, IN 47220 (812-528-2097)
Indiana Membership Director: Denise Weiss (765-960-6299)
Indiana Retiree Director: Patti Thieme, 4625 E 700 N, Decatur, IN 46733 (260-724-9262)
Indiana Teen/Youth Director: Misty Stuckwisch, 1050 W. CR 450 N, Brownstown, IN 47220 (812-528-2097)
National Campvention Director: Ed Shaneyfelt, 1466 W 750 N, Decatur IN 46733-8816 (260-728-9848)
National Membership Director: Christopher Weiss (765-960-7876)

EMAIL ADDRESSES

Chatter Editors: Mike and Marilyn Rausch
State Director: Cindy James
Assistant State Director: Angie Shaneyfelt
President: Ed Shaneyfelt
Vice President: Paige Longberry
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 FCRV National Office
 FCRV web site
 HOOSIER CHATTER Online

hoosierchatter@hotmail.com
 dencin5356@embarqmail.com
 angieshaneyfelt@hotmail.com
 angieshaneyfelt@hotmail.com
 pashaney@hotmail.com
 dssemper@hotmail.com
 cdfelver@metalink.net
 clucas@franklincollege.edu
 bsdavis1999@gmail.com
 simmons6969@gmail.com
 wayneco89@hotmail.com
 MistyStu21@yahoo.com
 momthieme@yahoo.com
 FCRVnat@verizon.net
 www.fcrv.org
 www.fcrv.org/IN/chatter.php





CHAPLAIN'S CORNER

By Harlan Nigh



Youth and Teen News

Indiana State Association FCRV
Youth and Teen Director
Misty Stuckswisch

Hello FCRV family.

A season is approaching, I pray that you all had a good holidays. As we prepare to gather together, may we encourage one another to do our safety check on our "Rig" that we may happy & Blessed in our ventures. I'm looking forward to seeing this great extended family of ours again.

Looking forward to the fun.

Harlan & Bernice Nigh 😊😊😊



Collections Coordinator +



Indiana State Association FCRV
Ronald McDonald House
And Riley Hospital
Collections Coordinator
C.A.M.P. Lady
Patti Thieme

Hi there,

We've made it thru the holidays safe and have started to hibernate for the long winter (if he ever shows up.)

Just wanted to let every one know that they need to bring their walking shoes to the May campout so we can take a walk around the lake that is there.

Also, if you are not into walking, you can bring some books to exchange and relax and read another good novel.

Hopefully you drank a lot of pop or water so we can get the caps needed to make the new bench for Mike Simmons and can donate the pop tabs for Riley.

If you have any other items that you did not give out at Christmas and want to donate to Riley, bring them to the camp out to donate for the kids.

So hopefully we will see you in May.

Patti Thieme

Is that spring in the air!?! Oh....no....it's just more rain and perhaps a snowflake. Sigh....it has been an odd winter and it is hard to get the camping bug out of your system when the temperature wants to keep popping up to 50+ degrees! I know everyone is itching to get back out to camp & visit.

Realistically, we are less than four months from our first state camp out! We will be in beautiful Geneva Indiana. A quick google search shows the historic Limberlost museum & historic site is just a short jog away. Historic downtown looks so pretty and there is a covered bridge and bird sanctuary close by. It looks like another great area to camp!

To any youth and teens planning on coming for the weekend: I am planning a group activity for you! We may have to get the young at heart involved too!

We will also be working on "Camping Is" posters & coloring pages over the weekend and conservation posters. Bring any craft tools you think you will need and save any great pictures you find in magazines!

Come prepared to be creative!

Till we camp again!

Misty



DONATION (Continued from page 1)

with his daughter. He commented that he had seen we were donating items to the hospital and he wanted to personally thank us for our donation. He said that his family had been in the hospital for other holidays, but not Christmas yet.

We explained our camping organization to him and asked about his child. His 3 ½ year old daughter had been in the hospital for about 2 ½ weeks, when we asked how she was going, he commented, "much better than she was 2 weeks ago". It was so nice of him to come down and personally thank us. This is why we do this!

Thanks to all the Indiana FCRV members that donated items and to the state organization for the monetary donation for me to purchase more items. I really enjoy doing this goodwill donation for our Indiana FCRV group.

International FCRV Teen Queen

Macey



Hey y'all!

I've been super busy with school and FFA lately. I've also been putting a lot of thought into college. I've made my senior schedule and finished my four year plan with my guidance counselor. And now I'm trying to make some more final decisions on college. I know I want to go for Ag Business Management, I have just had a lot to think about lately with where I want to go.

I've always thought I wanted to go to Vincennes University and had my plans in place there but lately I've been thinking about other colleges after hearing about other programs. Plus I've been looking at how much time I can take off my college career with the college credit hours I have already earned in high school.

By the time I graduate from high school I should have a total of 40 credit hours to take with me. And based on what I have found on the Vincennes University website, I should be able to cut out 1-2 semesters just because of having those credits. With having all these extra college thoughts in my head it has gotten me to thinking about how I can get more credit hours done now. My mom would say I've gone college credit crazy.

This trimester I'm in animal science, study hall, a dual-credit Marketing class, Trigonometry, and AP Language and Composition. The past couple of weeks I have been basically doing all my work on my own time, making me think about what it would be like if I could do all my classes on my own pace. If I could, I would have marketing done by the end of the month. I just wish schools weren't so cut and dry, everyone-learns-the-same-way mindset. Honestly, I work better when I'm given assignments and deadlines and just told to get it done.

I think now that I've gone "college credit crazy" I'm starting to be ok with school again, which is a good thing. For a few weeks I was strongly disliking school. Now I just want to see how fast I can get all my assignments done.

I hope everyone is doing well!

Macey

PRESIDENT (Continued from page 2)

the exchange rate this will be cheaper for us to attend.

The Regional this year is being hosted and planned by Cindy. Let's make sure we support her and make the Indiana Regional a success. So if she asks for assistance please help out if possible and also support it by attending in August.

Until next time,

Ed Shaneyfelt



Recipes worth Sharing!

Note: If you have a recipe that you think others might enjoy, send it to the CHATTER editor at the following address hoosierchatter@hotmail.com. Any submissions are due by the 25th of the month prior to publication.

JELLO ROLL-UPS

INGREDIENTS:

- 1 small package of Jello
- 1/2 cup boiling water
- 1 cup of mini-marshmallows

DIRECTIONS

1. Mix Jello and hot water in microwave-safe bowl.
 2. Stir until fully dissolved, microwaving the mixture in 30-second increments until fully dissolved.
 3. Add the marshmallows, microwave another 30 seconds. Stir until marshmallows are fully melted.
 4. Pour mixture into a greased 8"x8" pan. Refrigerate for at least one hour.
 5. Loosen the edges with a knife to release the Jello.
 6. Roll up the Jello as tightly as you can into a "log."
 7. With a sharp knife, cut into 1/2-1" slices.
- (The marshmallow layer will rise to the top of the Jello mixture as it sets).



Recipe from One Little Project at <https://onelittleproject.com/how-to-make-jello-roll-ups/>

DASAT MOMENT by Marilyn Rausch

9 Easy Tips for Emotional Balance

We live in an increasingly complex world. When so much is going on around us that we seemingly cannot control, it is easy to become anxious, angry, hopeless, and feeling that all is out of control. I came across this article that gives some very practical advise on what to do when we don't know what to do. I found it so good that I did not want to rewrite it...so I am including it just as it appears in a blog written in HUFFPOST in February 1, 2014.

Kino MacGregor (International Yoga Teacher, Author)

Work, tasks, errands and chores accumulate so much so it feels like you need to work 25 hours, seven days a week just to keep up. Yet another email marked as urgent arrives in your inbox. There is no end to the onslaught of modern life.

I wonder if our current fascination with zombie movies has to do with the endless amount of meaningless information that we have to sort through just to get through the average workday. In the midst of our own personal crisis of the walking dead, it is sometimes easier to take care of other people than it is to take care of ourselves. When one of our closest friends or family members shares openly that they are suffering, we jump into rescue mode so swiftly that it is easy to forget that we need to save ourselves, too.

I am certainly guilty of trying to please others, molding myself according to their wishes, and placing my own emotional balance at risk, especially when it is the request of someone very close to me. Through my yoga practice, I've learned some skills that help me take care of myself even when demands from the outside world apply intense pressure. How can you be a good zombie killer if you're not calm, centered and relaxed yourself? With these nine easy rituals of self-care that you can integrate throughout the day, you will keep the zombies at bay and have time for yourself and the things you value most.

1. Breathing

Watch your breath throughout the day for signals about your stress level. If you notice yourself holding your breath, breathing erratically or sighing often, then consciously take 10 deep breaths, counting backwards with each inhalation and exhalation. Label each breath to keep your mind focused on a single point of attention. Say to yourself, "Ten in, 10 out. Nine in, nine out." If possible, lie down and close your eyes, or if no quiet space exists for you to retreat into, then simply find a quiet space inside your own mind.

2. Practice Gratitude

Pause at regular intervals throughout the day and consciously find something that you are truly grateful for. Do not act or pretend. In every stressful situation

search for one thing that you can say an honest thanks about. In order for this to work, it has to be a real and grounded thing that you can connect with. If it is too much fantasy then you will know that you are fooling yourself. Only the real attitude of gratitude has the power to change your emotional state. If there is nothing in your current situation that you can be grateful for think of anything in your life at any moment that you were grateful for. No matter how small that may seem, consciously thinking of that experience in a positive manner will help bring your emotional state into balance.

3. Change Your Viewpoint

If you're stuck in the middle of intense emotions, you won't see clearly and you will be reacting from past patterns. Act don't react. Consciously choose your actions from a place of clarity, rather than just reacting to pain or running toward pleasure. As soon as you notice yourself losing your emotional center, excuse yourself and change your view, literally. Go to the bathroom, splash cold water on your face and recast the situation as though you are viewing it from 10,000 feet, so you get some emotional distance and can remain objective.

4. Feel

So much tension and wasted energy is spent repressing or denying how we feel, both emotionally and in our bodies. Instead of pretending to be something that you are not, feel honestly what you are feeling and allow the simple truth of your emotions to set you free. Don't divorce yourself from your emotional body or be too intellectual. Don't let your feelings drown you either. Acknowledge what you feel when you feel it, and use that clarity as the basis for your We I decisions and interactions with others. Every emotion surfaces to teach you something or tell you something. Your job is to be clear enough to recognize the emotion for the messenger that it is. Communicate your emotions to others when appropriate, but remember to do so in a balanced way that respects the person with whom you are sharing.

See DASAT (Continued on page 7)

DASAT (Continued from page 6)

5. Use Your Senses

Pleasant thoughts through the organs of your five senses orient your field of awareness toward the present moment, through what you see, what you touch, what you smell and taste. Direct your awareness to what you like about your current experience. Get fresh air and see the sunlight as much as possible. Notice and appreciate your surroundings.

6. Generate Energy

You have to generate energy if you want to have it. Especially if you have a job that requires you to stay seated for long hours, remember to take every chance you get to walk, stretch and move around. Little bursts of physical movement help the body feel better and the mind focus more intently. You don't have to run a marathon to be energized, sometimes all it takes is a walk around the block or to go up and down a few flights of stairs. If you don't have time to get outside of your office, stand up in front of your desk for a few minutes every hour and either stretch or continue what you're doing while standing. Even the added physical effort of standing for a few minutes helps.

7. Reflect

Take the last moments of your day to reflect on the good things about your day, seeing the negative expe-

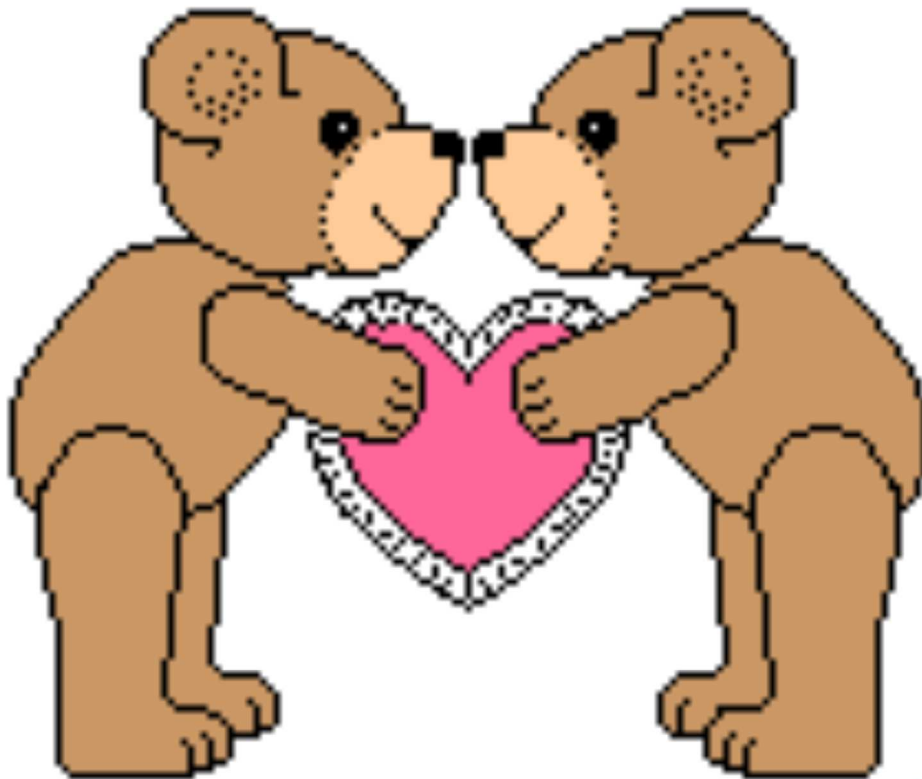
riences as learning and evaluate from the perspective of what you can learn, not how you failed. Take stock of the positive and negative emotions you experienced throughout the day. Validate yourself for progress made towards your emotional, physical or career goals.

8. Dream

Let yourself daydream. Don't fill every moment of your day with Twitter, Facebook and YouTube. Just let yourself relax and your mind wander. Be careful not to let your mind harp on the negative in these little reveries. Close your eyes and let the mind free associate, even if there are no words that accompany this state. This is like a mini holiday in the middle of the day. Small refreshing daydreaming breaks help your mind integrate lessons and recuperate. You are also practicing being receptive, which is crucial to moments of wisdom and inspiration.

9. Surrender

While it can be great to goals and visualize the future don't let yourself get too caught up in how things "should" be. Be prepared to let go of your attachments to any particular outcome so that you can be open to something bigger than you have ever imagined. Learn that to the yield does not mean that you lose and be willing to compromise. Let life lead you down unexpected turns and you will discover magic in the most ordinary places.



Happy Valentine's Day!

**2020 Great Lakes Regional Campout
 Shipshewana Campground -North
 Shipshewana Indiana
 August 6th – August 9th
 (Early Bird Dates August 4th-5th)**

A Stitch in Time From Handcrafted Minds



Local activities include

There are opportunities to take a buggy ride, view over 30 hand-painted quilt murals on the LaGrange County Barn Quilt Trail, go to a dinner theater and watch handcrafted oak and cherry furniture being made. There are over 100 different shops, where you can find everything from handmade crafts and quilts to heirloom quality furniture. Purchase and sample unique foods like jellies, fudge, hand-rolled pretzels, and even Amish-made peanut butter. You'll feel as if you've stepped back in time!

You will need to contact the campground and make your own reservation let them know you are with FCRV

***Shipshewana North Park Amish Log Cabin Lodging & Campground
 5970 North State Road 5
 Shipshewana IN, 46565
 Ph: (260) 758-7770***

Once you have your site number please email it to: comecampwithus@hotmail.com

Pre-registration

Name: _____ Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Site Number: _____ Number of Adults: _____ Teens: _____ Youth _____

Number of nights staying

___ Tues (Early Bird) ___ Wed (Early Bird) ___ Thurs ___ Fri ___ Sat

Activity fee - \$15 Activity fee at gate will be - \$20

Please make checks payable to

Indiana FCRV State Director Acct for registration 2020

Send pre-registration to: Cindy James

3395 N. US Hwy 33

Decatur, IN 46733

MARK YOUR CALENDARS

International Events

Retiree Rally 2020

National Peanut Fairgrounds
Dothan, Alabama
Early Days March 20-23, 2020
Rally Days March 24-30, 2020

Campvention 2020

Brigden, Ontario
(Further information to come)
July 13-17, 2020

Great Lakes Regional Events

Regional Campout 2020

Shipshewana North Campground
(further information to come)
August 6-9, 2020
(Early Days August 4-5, 2020)

Indiana State Events

2020 Spring Campout

Amishville Campground
Geneva, Indiana
Hosted by Deena Felver
and Paige Shaneyfelt
May 1-3, 2020

2020 Summer Campout

TBA
Hosted by the Fireflies
August 21-23, 2020

2020 Retiree Rally

Bill Monroe's Campground
5163 State Road 135
Morgantown, Indiana
September 30-October 1, 2020

2020 Fall Invitational

Bill Monroe's Campground
5163 State Road 135
Morgantown, Indiana
Hosted by Indiana FCRV Trustees
October 2-4, 2020

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Inclusion of an ad in the *Hoosier Chatter* does not imply official endorsement by the FCRV, the Indiana State Association of the FCRV, or of the *Hoosier Chatter*.

The deadline for ads and articles in the *Hoosier Chatter* is the 25th of the month preceding the issue month.

Further questions or information may be obtained by contacting the editor at

hoosierchatter@hotmail.com
317-925-0150.



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INTERNATIONAL CAMPING CLUB

Happy Valentine's Day!



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