



HOOSIER CHATTER

Rick and Christina Lucas
President

February 2019
Volume 52 Number 1

Mike & Marilyn Rausch
Editors

Indiana has Heart!



Indiana State Association FCRV
Ronald McDonald House And Riley Hospital
Collections Coordinator



The Indiana State Association FCRV has a long history of supporting the children and parents of Riley Hospital for Children. Pop-can tabs are given to the Ronald MacDonald House to help defray the cost of housing for families whose children are in the hospital. The gifts, toys, blankets and throws are provided to the children to help lessen the anxiety, fear, and discomfort of being in the hospital.

Patti Thieme collects items at each campout, holding them until Christmas time when the accumulated gifts are taken to Riley and the Ronald MacDonald House. They are always received with gratitude!

Please help us continue the giving. Bring items (such as those listed in Patti's article) to our campouts. If you are "crafty," perhaps making throws or blankets or stuffed animals may be a way to bring a smile on someone's face. There is a lot we can do to show that Indiana truly has heart!

Ed Shaneyfelt and I made our yearly delivery to Riley Children's Hospital on Monday, December 3, 2018. The items delivered this year were:

- 28 pounds of pop can tabs
- 26 note books
- 8 pencil pouches
- 20 pocket folders
- 9 homemade totes
- 7 homemade blankets
- 26 backpacks
- 54 stuffed animals
- 2 book tags
- 20 "I'm Yours" burden bears
- 12 bags (notebook, markers, ruler, pencils, glue, scissors and erasers)
- 21 bags (notepad, glue, erasers, pencils, scissors, ruler)
- 8 grab & go play packs
- 8 pillow pals, 6 beanie babies
- 9 bags (notepad, pencils, scissors, eraser, glue, sharpener, ruler)
- 4 color your puzzles
- 2 box books
- 4 bags (writing tablet, pencils, rulers, pen, eraser, sharpener)
- 6 magnetic picture frames
- 10 bags (notebooks, pencils, erasers)
- 10 "Donkey Ollie Christmas in Heaven" story books
- 23 coloring books & crayons
- 6 coloring books/markers
- 4 fleece throws
- 8 gifts for parents
- 2 plastic totes

I would like to thank everyone for your donations through the year and thanks to the Indiana State Association for their donation. I really enjoy doing this project each year.

Patti Thieme



From the State Director

Cindy James

Hello Indiana,

Brrrrr, its cold outside! Let us just keep our minds focused on spring; maybe it will come early for us campers!

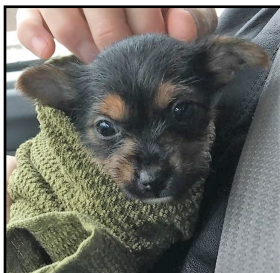
For those of you who received Marilyn’s message on Dennis’ health issue here is an update...he seems to be improving a little every day. He is taking therapy twice a week and he is working hard to regain his strength. We go to Fort Wayne on Feb 5 to have new scans to see if the blood/mass has been absorbed. All of you who have said prayers for him and I, we wish to say thank you, as we believe they are working!

Folks, please look over all scheduled campouts and sign up early. That way you can be sure to know where and when the campouts will be located and be able to plan for sightseeing in the surrounding area.

Remember we will be doing a RV show booth next month in Indianapolis. Please come out and support the growth of Indiana FCRV! Look elsewhere here in the Chatter for more info pertaining the RV show...

Take care and be careful when you have to travel on these snowy and icy roads this winter.

Cindy James



Meet “GG” (Good Girl). She is a Yorkie Puppy, and serves as companion and “therapy dog” for Dennis as he recovers and goes through his physical therapy. Welcome, GG. We look forward to meeting you at a campout soon!



From the State President

Rick and Christina Lucas

Greetings from the frozen tundra (that is Central Indiana),

Indiana has begun it’s decent into true winter. Snow, ice, windchill numbers in the negatives. For those of you that are snowbirds, even if it is colder than normal where you are, please enjoy the warm for us.

It is hard to believe the Indianapolis Boat, Sport and Travel show is less than a month away. It takes place at the Indiana State Fairgrounds, February 15-24, 2019. If you are interested in volunteering to man the FCRV booth, be sure to contact Denise (765-960-6299) or Christopher (765-960-7876) Weiss.

Dennis & Cindy James have been in our prayers as Dennis tackles this latest health challenge with his sense of humor intact. Also, Brad & Stacy Davis share a place in those prayers and Brad is recovering from his double knee replacements. Hopefully all will be recovered enough by May 3rd to join us at Ouabache State Park for the Spring Campout.

Please remember that all three campouts this year will require you to make individual reservations with the campgrounds directly.

See you soon around the campfire,

Richard & Christina Lucas



(Did you know that the new FCRV logo was designed by Indiana’s own Emily Rausch Kidwell!)

Hoosier Chatter Subscription

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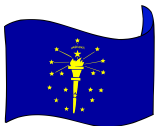
| | |
|---------------------------------|--|
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| Vice President: | Paige Longberry 1418 West State Blvd., Fort Wayne, IN 46808 (260-223-7798) |
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| Budget & Audit: | A. Mike Rausch, 2917 W. Rex Drive, Indianapolis, IN 46222-1941 (317-925-0150) B. Melvin Coy, 447 Hollybrook Dr., New Whiteland, IN 46184-1311 (317-313-4250 cell) |
| C.A.M.P.: | Patti Thieme, 4625 E 700 N, Decatur, IN 46733 (260-724-9262) |
| Chaplain: | Melvin Coy, 447 Hollybrook Dr., New Whiteland, IN 46184-1311 (317-313-4250 cell) |
| Conservation/Wildlife: | Brenda Simmons, 26 W. Poplar St., North Vernon, IN 47265 (812-346-8334) |
| Historian: | Bradley and Stacy Davis, 7345 S. 325 W, Jamestown, IN 46147 (317-902-6338, Stacy; 317-902-6337, Brad) |
| Membership: | Christopher and Denise Weiss Denise (765-960-6299) or Christopher (765-960-7876) . |
| Photographer : | Marilyn Rausch, 2917 W. Rex Drive, Indianapolis, IN 46222-1941 (317-925-0150) |
| Scholarship: | Ed & Angie Shaneyfelt, 1466 W 750 N, Decatur IN 46733-8816 (260-728-9848) |
| Security: | Rainbow 108 Chapter: Attn: Bo and Doris Gries, 20189 N County Road 600 E, Dale, IN 47523-9269 (812-937-0067) |
| Tabs: | Patti Thieme, 4625 E 700 N, Decatur, IN 46733 (260-724-9262) |
| Teens: | A. Ed & Angie Shaneyfelt, 1466 W 750 N, Decatur IN 46733-8816 (260-728-9848) |
| Youth: | A. Misty Stuckwisch, 1050 W. CR 450 N, Brownstown, IN 47220 (812-528-2097) B. Ed & Angie Shaneyfelt, 1466 W 750 N, Decatur IN 46733-8816 (260-728-9848) |
| Chatter Editor | Mike and Marilyn Rausch, 2917 W. Rex Drive, Indianapolis IN 46222-1941 (317-925-0150)h (317-374-3956)cell |

INDIANA STATE/NATIONAL PROGRAM DIRECTORS

| | |
|--|---|
| Indiana State Director: | Cindy James, 3395 N. US Hwy 33, Decatur, IN 46733 (260-233-0863) |
| Indiana State Retiree Director: | Patti Thieme, 4625 E 700 N, Decatur, IN 46733 (260-724-9262) |
| Indiana Membership Field Directors: | Dennis and Cindy James, 3395 N US Hwy 33, Decatur, IN 46733 (Dennis cell 260-517-9525) (Cindy cell 260-223-0863) |
| National Chaplain | Dennis James, 3395 N. US Hwy 33, Decatur, IN 46733 (260-517-9525) |

EMAIL ADDRESSES

| | | |
|---|-------|-----------------------------|
| Chatter Editors: Mike and Marilyn Rausch | _____ | hoosierchatter@hotmail.com |
| State Director: Cindy James | _____ | dencin5356@embarqmail.com |
| President: Rick and Christina Lucas | _____ | clucas@franklincollege.edu |
| Vice President: Paige Longberry | _____ | pashaney@hotmail.com |
| Treasurer: Ed & Angie Shaneyfelt | _____ | angieshaneyfelt@hotmail.com |
| Secretary: Brad and Stacy Davis | _____ | bsdavis1999@gmail.com |
| Past President: Mark and Sharon Shaneyfelt | _____ | m.sshaneyfelt@yahoo.co |
| Northern Rep: Deena Felver | _____ | cdfelver@metalink.net |
| Southern Reprs: James Simmons | _____ | simmons6969@gmail.com |
| Adult Games: Chris and Denise Weiss | _____ | wayneco89@hotmail.com |
| Membership: Chris and Denise Weiss | _____ | wayneco89@hotmail.com |
| Youth: Misty Stuckwisch | _____ | MistyStu21@yahoo.com |
| Retiree Director: Patti Thieme | _____ | momthieme@yahoo.com |
| Teens: Ed & Angie Shaneyfelt | _____ | angieshaneyfelt@hotmail.com |
| FCRV National Office | _____ | FCRVnat@verizon.net |
| FCRV web site | _____ | www.fcrv.org |
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Youth News

Indiana State Association FCRV
Youth Director
Misty Stuckswisch

Well hello Winter!

I was really hoping we would not meet like this, but it is to be expected in Indiana! Old man winter got us and we had about 4 inches of snow on top of the ice over the weekend. Nothing like those flakes to make you think of camping and warm weather!

Macey & I are looking forward to working the booth in February at the RV show in Indy just to see some of our camping friends and see all the new products on the market! I would encourage each of you to contact the Weiss's and sign up for a shift.

While you are staying in from the cold be thinking about your Camping Is poster ideas. This year's theme has not been released yet but now is a great time to gather supplies and think of ideas! The page to get information is: <https://fcrv.org/programs2/national-programs/youth/>

Is there an FCRV youth in your life (age 12 or younger) that loves to volunteer? Gets great grades? Is active in FCRV? They need to be recognized! The FCRV Youth of the Year award may be just the thing for them! More information can be found at the above link. It would be amazing to get one of our youth up on stage for the award in July!

Now, don't let cabin fever get you down! It's less than 60 days till spring! (I just keep telling myself that!)

Till we camp again,

Misty



Come Support Indiana FCRV At the



Membership News



Indiana State Association FCRV
Membership Directors
Christopher and Denise Weiss

We are looking forward to the upcoming RV show February 15 through the 24th. Everything is in place and we are putting the final touches on it. If you go to the show please stop by and see us. If you plan on going remember if you purchase your tickets online it saves money and time that you spend in line. The link to pre-purchase is

<https://indianapolisboatsportandtravelshow.com>.

Show hours are

| | |
|---|--------------|
| Friday, February 15 | 1pm - 8pm |
| Saturday, February 16 | 10am - 8pm |
| Sunday, February 17 | 10am to 5 pm |
| Monday through Thursday, February 18-22 | 12 pm - 8pm |
| Saturday, February 23 | 10am - 8 pm |
| Sunday, February 24 | 10 am - 5 pm |

If you could help us by having someone from your chapter send us information about it... things you like to do, active membership numbers, general location of members, history of chapter, etc... it would help us with the get acquainted show.

We will keep you updated as things progress. Thanks for your support to increase our membership.

Christopher and Denise Weiss

Teen Queen



Macey



When you look at me, what do you see?

Do you see the crown I wear? What do you think of when you think about me? Do you think of the words on my sashes? Miss Indiana? Miss Congeniality? Do you remember who I was before I was old enough to be your queen?

How many of you remember the 6 month old baby that didn't want to come out of the camper? Or the little girl playing in the puddles and dirt? Or even the little girl making friends with anyone even if she'll never see them again? Or what about the little girl that will talk to you as long as you'll listen? What about the girl that will stay up as late as it takes to finish a puzzle or a card game? I do, cause that girl is me!

I might have grown up a lot since then, but you can't forget where you've come from on the journey to success. I only get to see my camping family for a very short amount of time during the year. And I don't think that's fair. I wish I could see everyone more, before it's to late.

I miss going to camp outs and telling Mike Simons that he can't pray over the food because we don't want bad weather. Or painting Mike's face orange! He was always so much fun to joke around

with. I can still hear his laugh in my head!

I also miss going to camp outs and seeing Cookie and Mike Powell. They always came with their little pusher and their adorable dog!

I can still remember the last time I went trick or treating at a camp out. I dressed up like a cowboy and had to wear boots that hurt my feet since they were too small!

I'm a person that dwells in the past way too much. And you never want to forget the past because that is your history. But you also don't want to dwell on the bad stuff because you can't change what has already happened.

But what can you do about the past? What you can do is learn from the past to work toward the future. In the future I want everyone to remember who I am.

My name is Macey Stuckwisch. I'm 16 years old and I go to Brownstown Central High School. I'm very involved in FFA and have been in 4H for as long as I can remember. I'm going to be an aunt in June to an adorable baby boy named Andree Lea Edwards. I love horses and have always wanted one of my own. I love to play card games. And camping is the one thing I have always known and loved. I will never forget everything have learned from my camping family.

I was Miss Indiana 2017-2018.

I am Miss congeniality 2018-2019.

I am Miss Indiana 2018-2019.

I am Macey Stuckwisch.

Note: If you have a recipe that you think others might enjoy, send it to the CHATTER editor at the following address hoosierchatter@hotmail.com. Any submissions are due by the 25th of the month prior to publication.

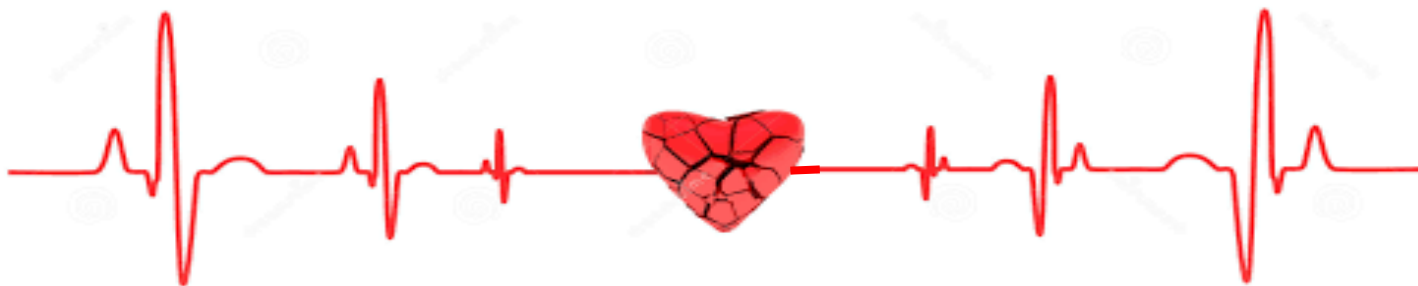
Recipes worth Sharing!

Valentine's Day calls for something a little sweet (ok, maybe a LOT sweet!) Here is a recipe that will provide just that!



8 Cups Rice Chex Cereal
1/2 c butter
1/3 c brown sugar
1/4 c granulated sugar
2 tsp ground cinnamon

1. Preheat the oven to 275 degrees. Line a baking sheet with parchment paper.
2. Mix together the granulated sugar and cinnamon. Set aside.
3. Melt the butter in the microwave. Add the brown sugar, mix well, and microwave for another 20-30 seconds. Whisk until the sugar is dissolved.
4. Put the Chex cereal into a large bowl. Drizzle the
5. sauce over the top and mix gently until the Chex is evenly coated.
6. Spread the mix onto the parchment lined baking sheet. Sprinkle the cinnamon sugar mixture evenly over the Chex.
7. Bake at 275 degrees for 45 minutes, lifting and turning with a spatula every 15 minutes.
7. Cool and enjoy!

DASAT MOMENT by Marilyn Rausch

IDENTIFYING A BROKEN HEART

An older man clutches his chest and dramatically falls to the floor dead. It is obvious that he has had a heart attack. But is it always that easy to identify? Not really...and maybe it would be good to find out if there is a problem before it gets that far. Sometimes the symptoms are more subtle, and that is where attention should be focused.

Certain risk factors should alert someone to the possibility of heart disease: age over 60, overweight, diabetic, high blood pressure, and high cholesterol, a family history of heart problems. But not everyone has such clear-cut warnings. Women, in particular, may present differently than what would be thought "classic."

Almost everything mentioned here can have multiple causes. The point is to be realistic but not paranoid, to be self-aware without becoming a hypochondriac. It is as important—even more important—to change the things that we can to prevent heart disease (healthy diet, healthy weight, control blood pressure, blood sugar, and blood fats like cholesterol and triglycerides, exercise regularly). Even with all that, here are some things that one should be aware of. (This information is courtesy of [Web MD](#))

Chest pain is described differently from one person to another. Heaviness in the chest, burning pain, or subtle discomfort that doesn't go away after a few minutes warrant calling for emergency evaluation. If they are severe, call 911.

Heartburn, nausea or indigestion may be present from something you ate, even just overeating...or it could be the first sign of a heart attack. Be aware.

Pain that radiates to the left arm may be an indication of a heart attack. Usually it starts from the chest and moves outward (but not always).

Lightheadedness or dizziness can come from dehydration, inadequate intake of food, or even just standing up too quickly. If, though, your heart is not pumping the way it should, the drop in blood pres-

sure can cause these symptoms as well.

Jaw pain, especially when it is associated with pain or pressure in the chest could be a significant sign of a heart attack and should be immediately checked out.

Easy exhaustion or shortness of breath with minimal exertion (walking up 2 flights of stairs, making the bed, carrying groceries) could come from the heart not adequately pumping blood as it should.

Snoring or waking up frequently at night short of breath or choking may signal sleep apnea, which puts extra stress on your heart. In sleep apnea, the mechanism that regulates breathing fails and there are periods of time when breathing actually stops.

Unexpected cold sweats in association with any of the above signs should be a symptom that sends one to immediate evaluation.

Persistent coughing usually comes from a respiratory problem or an infection. It may also be a result of heart failure, when the heart cannot pump blood away from the lungs fast enough and the lungs fill up with fluid. The cough may begin "dry," but eventually can produce white or even pinkish mucus.

Swelling in the legs, feet, and ankles also can result from heart failure for the same reason, the inability of the heart to pump blood forward adequately. It can also result from the kidneys not removing extra water from the body.

Irregular heartbeat can come from too much caffeine or not enough sleep, but can also be a sign of problem with the regulation of the heartbeat (atrial fibrillation) that could even lead to a stroke.

The key thought is to be aware of what one's body is saying by symptoms such as these and not to ignore that they may be telling of the potential of a much more serious underlying risk. Modern medicine has made great strides in treating heart disease, but it does not work if the symptoms are not recognized.



**It's not too early to start thinking about this year's camping season.
Plan ahead to join in the fun at the following campouts
planned for 2019.**



2019 CAMPOUT INFORMATION

YOU MUST MAKE YOUR OWN RESERVATIONS FOR THESE CAMPGROUNDS.

See the phone numbers in the articles below.

FALL INVITATIONAL

The Indiana State Trustees are hosting the Fall Invitational on October 4-5-6 at **Bill Monroe's Memorial Music Park and Campground** in Bean Blossom, Indiana (just 5 miles North of Nashville on State Road 135). The exact address is 5163 St Rd 135, Morgantown, IN.

The sites we have reserved are: 43-53, 60-64, 93-97. You can make reservations by calling Rex: 812-327-0680 or Ben 812-361-3595. You may need to leave a message as these are cell phone numbers (since they don't man the office daily this time of year).

Retirees will be holding their Rally from Wednesday (October 2) - Friday that week at this location also. So, call an make your reservations!!!

At this campground is a walking trail, fishing lake, canoe rental (you can take your own kayaks). There will be a new shower house and a new playground, completed by next fall! Bill Monroe's Museum is located at the entrance (there is a \$4.00 fee to walk through, \$3.00 for seniors). The campground has a lot of history!

Submitted by:

*Ed & Angie Shaneyfelt
Carl & Deena Felver*

SPRING CAMPOUT

Angie Shaneyfelt will be hosting the Spring Campout on May 3-4-5 at Ouabache State Park in Bluffton, Indiana.

You can go on-line to make your reservations at www.reserveamerica.com We want you to reserve sites 41-59, 21, 23, 25 (or either side of the road) around the restrooms and shelter house (that we are hoping to use).

If you have any problems or questions regarding reservations, call me at 260-728-9848 or email angishaneyfelt@hotmail.com.

More information will be provided as the campout gets closer.

Angie Shaneyfelt

**ALSO,
DON'T FORGET TO LOOK AT
THE CALENDAR ON THE LAST
PAGE FOR
NATIONAL AND REGIONAL
CAMPOUTS!!**

MARK YOUR CALENDARS

International Events

Retiree Rally 2019
 Terrebone Civic Center
 Houma, Louisiana
 March 19 - 24, 2019

Campvention 2019
 Hutchinson, Kansas,
 July 7-13, 2019

Great Lakes Regional Events

Regional Campout 2019
 Watseka, Illinois
 July 31-August 4, 2019

Indiana State Events

**Booth at Indianapolis
 Boat, Sport and Hobby Show**
 February 15-24, 2019
Volunteers Needed!

2019 Indiana Spring Campout
 Ouabache State Park
 Hosted by Angie Shaneyfelt
 May 3-5, 2019

2019 Indiana Summer Campout
 Cornerstone Campground
 N75 W CR 500 S
 New Castle, IN 47362
 Hosted by Skeeter Beaters
 August 16-18, 2019

2018 Fall Invitational
 Bill Monroe's Campground
 5163 State Road 135
 Morgantown, Indiana
 Hosted by Indiana FCRV Trustees
 October 4-6, 2019

HOOSIER CHATTER Advertising Policy

The *Hoosier Chatter* accepts advertisements at the rate of \$5.00/column inch/issue for commercial advertisers and \$3.00/column inch/issue for personal advertisers. There are significant discounts available for multiple issue ads. These advertisements are open to any business or individual, but will be screened to assure they are appropriate to the goals and philosophy of the Family Campers and RVers.

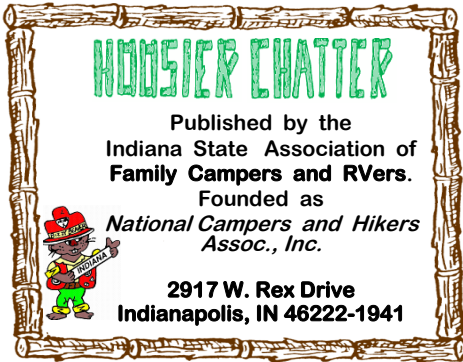
Inclusion of an ad in the *Hoosier Chatter* does not imply official endorsement by the FCRV, the Indiana State Association of the FCRV, or of the *Hoosier Chatter*.

The deadline for ads and articles in the *Hoosier Chatter* is the 25th of the month preceding the issue month.

Further questions or information may be obtained by contacting the editor at

hoosierchatter@hotmail.com
 317-925-0150.

Don't forget to preregister for the campouts!



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